



OHANA HOMEFRONT  
FOUNDATION



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# OHANA HOMEFRONT FOUNDATION (OHF) PLATFORM

**Our licensed counselors offer free sessions to the entire military community.**

**Our mental health department offers a tailored step-down approach, recognizing that there's no one-size-fits-all solution, to guide individuals from crisis intervention to a more personalized and sustainable form of continuous care.**

**Advocating for mental health reform within the military is a central element of our mission, demonstrating our commitment to driving impactful change through advocacy efforts.**

**Our mental health education programs are making a pivotal stride toward prevention.**



## THE GAP IN CARE

The Ohana Homefront Foundation is addressing the gap in mental health care affecting our military families by providing timely and accessible mental health support, ensuring that military members and their loved ones receive the care they need, when they need it. Through Tricare and the VA, the average wait time to receive mental health care can be upwards of six months.



## OUR VISION

Ohana Homefront Foundation strives to provide comprehensive and accessible mental health support to brave military personnel and their families. We want every military person to get prompt and effective mental health services to build resilience, well-being, and successful transitions.



## OUR MISSION

Ohana Homefront Foundation provides free counseling and advocates for military families' mental health. We want every military member and their family to have access to comprehensive, compassionate, and culturally sensitive mental health options. Through our programs and collaborations we promote resilience, psychological well-being, and successful transitions while decreasing mental health support costs and stigma.

## WHY IS OHF THE ANSWER?

OHF, is a 501c3 nonprofit founded by military spouses, composed of military spouses, veterans, and civilian volunteers. The cultural competency of the military spouse is a unique perspective that assists our staff in understanding the stressors that life within the military can impose. Our spouses and veterans readily recognize the signs and symptoms of suicidal ideation from a personal point of view, knowing what to look for in service and/or family members. Our civilian volunteers provide valuable insight from the ever evolving views and struggles of "normal" society.

### CONTACT US



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# Suicide is Preventable (with intervention)

**In 2021, the White House declared the epidemic of suicide in the military community\* as a “public health and national security crisis.”**

**(White House, 2021a, para 1)**

**Between the first quarter of 2022 and that of 2023, there has been a 25% increase in suicides of active-duty military members.**

**(Defense Suicide Prevention Office, 2023)**

**Mental Health providers do not typically understand the complexities of the military and are not trained in a culturally competent manner to address the military population.**

Despite the closure of the War on Terror, a disheartening issue continues to plague our military community – the persistently high rate of suicide. This crisis persists due to the enduring stressors stemming from ever-evolving missions and command climates.

To compound the problem, there are frustrating waitlist for care, adding to the challenges our service members face.

These tragic incidents often transpire at pivotal moments of failure, an outcome inherent to the current structure of military and veteran caregiving. Additionally, these issues are further exacerbated by changes of station, retirements, or transitions, which can disrupt a service member's support network and exacerbate feelings of isolation. Moreover, the fear of potential repercussions often discourages service members from reporting their issues, further deepening the problem.

**It is evident that immediate and substantial improvements are imperative to address the mental health and well-being of our military community.**

## **THE MILITARY COMMUNITY MENTAL HEALTHCARE EPIDEMIC**

**Why are our service members not seeking traditional care?**

- Stigma
- Fear of Repercussions
- Mistrust of the System
- Concern for Security Clearance
- Peer Pressure
- Competence of Care
- Services Not Obtainable
- Fear of Being Labeled

**Ohana Homefront Foundation is working towards closing these gaps by giving access to crisis intervention for the Military Community as a whole, thereby ensuring true continuity of care not just for the Service Members, but for their families as well.**

# Disruptive Approach

## A cost-free, entirely virtual experience

**There is currently no other organization that practices a step-down approach comparative to that of OHF**

### CRISIS INTERVENTION

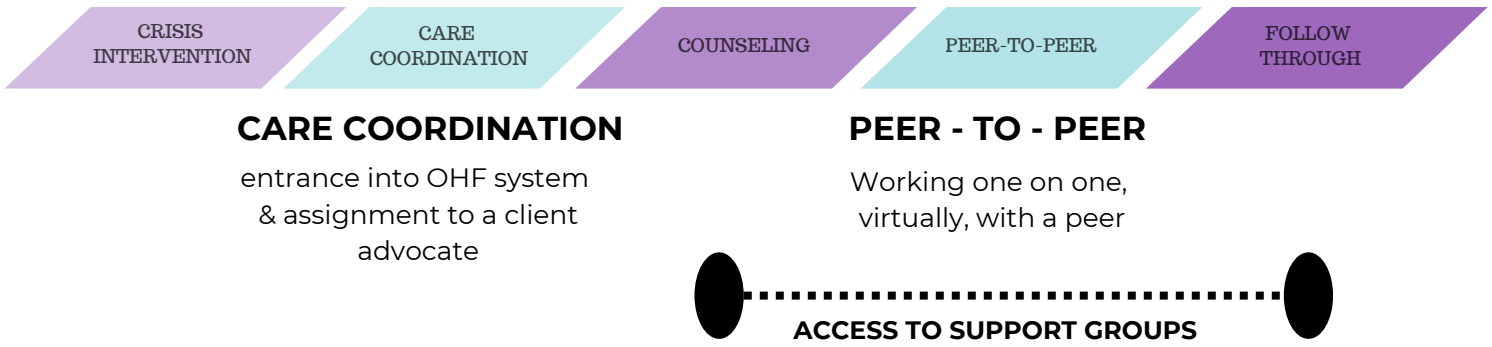
crisis call -or-  
counseling consultation

### COUNSELING

Working one on one, virtually,  
with a licensed counselor  
within the appropriate state

### FOLLOW THROUGH

Access to ongoing personal  
growth, wellness, career, and  
financial guidance and more



**Followed by a client advocate during the entirety of their OHF experience**

# The Virtual Crisis Center

## Your immediate, digital lifeline in times of crisis

Ohana Homefront Foundation (OHF) is dedicated to establishing a Virtual Crisis Center (VCC) that will serve as a cornerstone of support for our military community. The OHF VCC is designed to encompass chat, text, and a reliable phone system, ensuring that individuals can connect with an OHF volunteer or a **licensed counselor** around the clock, all aimed at reducing the risk of self-harm.

**The interaction doesn't conclude after the initial contact with our crisis center. OHF is determined to deliver a continuity of care that goes beyond the conventional military system.**

Our devoted mental health team will extend follow-up communication, virtual sessions with mental health professionals, and peer-to-peer support, tailoring the support to meet individual needs. OHF will diligently track the progress of each individual within our system, and we are proud to offer all these services at no cost to those in need. Your well-being is our priority.

# Embracing the Spirit of Resilience: Partner with Ohana Homefront Foundation

## Why Partner with Us?

At Ohana Homefront Foundation, our mission is a heartfelt commitment to our community. We are determined to bring about lasting change, and we refuse to see it falter. Today, we invite you to be a part of our unwavering spirit and join hands with us to make a profound impact.

**A Shared Dedication:** Our organization is driven by an unwavering belief that every individual and family in our community deserves a chance at a better life. When you partner with us, you are joining an organization that is as dedicated as you are to making a difference.

**Community-Centered Passion:** We approach every challenge with a heart full of compassion. Our mission revolves around addressing the unique needs of our community members, ensuring that no one is left behind.

**Collaborative Resilience:** By standing together, we can overcome obstacles and make a more significant impact. Your partnership allows us to join forces, combine resources, and face adversity with determination.

## Together, We Can:

**Strengthen Bonds:** Provide essential support and resources to help our community's families thrive, uniting them in the face of adversity.

**Ignite Hope:** Collaborative partnerships empower us to create educational programs that inspire hope and provide pathways to a brighter future.

**Foster Endurance:** With your partnership, we can equip individuals and families with the resilience needed to face life's challenges head-on, ensuring that they never give up.

**Unite for a Common Cause:** By joining forces, we can create a sense of community unity that extends far beyond today, leaving a legacy of compassion and transformation.

### Join Us and Create Hope:

Partnering with Ohana Homefront Foundation means investing in the unwavering spirit of our organization, and an unyielding resolve to uplift our community. Together, we can stand strong, united in our determination to create a brighter future for all. Let's come together to be a beacon of hope for those who need it most.